



# The True Colours Trust

ANNUAL REPORT

5 APRIL 2015

The Peak  
5 Wilton Road  
London SW1V 1AP



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## Legal and Administrative

The True Colours Trust (No. 1089893) was established under a Trust Deed dated 20 August 2001.

<b>Trustees</b>	Ms L A Sainsbury (Settlor) Mr T G Price Mr D B Flynn Mr B J C Willis										
<b>Registered Office</b>	The Peak 5 Wilton Road London SW1V 1AP										
<b>Principal Officers</b>	<table border="0"> <tr> <td>Mr A Bookbinder</td> <td>Director</td> </tr> <tr> <td>Mr P Spokes</td> <td>Finance Director (to August 2015)</td> </tr> <tr> <td>Mrs K Everett</td> <td>Finance Director (from August 2015)</td> </tr> <tr> <td>Ms J Ecclestone Ford</td> <td>Executive</td> </tr> <tr> <td>Mrs E Ponte</td> <td>Executive</td> </tr> </table>	Mr A Bookbinder	Director	Mr P Spokes	Finance Director (to August 2015)	Mrs K Everett	Finance Director (from August 2015)	Ms J Ecclestone Ford	Executive	Mrs E Ponte	Executive
Mr A Bookbinder	Director										
Mr P Spokes	Finance Director (to August 2015)										
Mrs K Everett	Finance Director (from August 2015)										
Ms J Ecclestone Ford	Executive										
Mrs E Ponte	Executive										
<b>Bankers</b>	Child & Co 1 Fleet Street London EC4Y 1BD										
<b>Solicitors</b>	Portrait Solicitors 21 Whitefriars Street London EC4Y 8JJ										
<b>Auditors</b>	Crowe Clark Whitehill LLP St Bride's House 10 Salisbury Square London EC4Y 8EH										
<b>Investment Advisers</b>	Cazenove Capital Management 102 Moorgate London EC2R 6DA										
<b>Investment Powers</b>	The Trust Deed empowers the Trustees to appoint investment advisers who have discretion to invest the funds of the Trust within guidelines established by the Trustees.										
<b>Objects</b>	The objects of the Trust as given in the Trust Deed are for general charitable purposes.										



## **Organisation**

The True Colours Trust seeks to make a positive difference to the lives of disabled children with complex needs and their families, and to support children and young people with life-limiting and/or life-threatening illnesses.

The Trustees' grant making continues to focus on the following three areas:

- Improving service delivery and support offered to children and young people with complex disabilities and palliative care needs in the UK
- Strengthening the support offered to the families and siblings of children and young people with complex disabilities and palliative care needs in the UK
- Promoting and developing palliative care programmes for adults and children in Africa

The Trust works closely with organisations that share its ambitions to provide imaginative, practical and often ground-breaking services in addition to delivering programmes that bring about sustained change whether at the level of policy or practice. The Trust's work focuses on the major barriers and challenges experienced by families, children and young people with complex disabilities and/or life-limiting and life-threatening conditions.

The Trustees are advised by Maggie Baxter OBE and Christine Lenehan OBE.

## **Children and Young People with Complex Disabilities and/or Life-Limiting and Life-Threatening Illnesses in the UK**

In the UK there are an estimated 800,000 disabled children and 49,000 children and young people living with a life-limiting and/or life-threatening illness. The Trustees are committed to making a difference to the lives of these babies, children, young people, and their families, to ensure that they can live their lives to the full, and to tackling the structural barriers which hinder these children and their families from living happy fulfilled lives. The Trustees believe that all children and young people with a life-limiting or life-threatening illness have the right to quality palliative care.

Palliative care improves the quality of life of patients and their families facing life-limiting illnesses. It treats the patient's pain and symptoms and it is applicable early in the course of an illness, in conjunction with curative treatments, and at the end of life. Crucially palliative care also supports the patient's family through the illness and their bereavement.

In this category the Trustees' grant making is focussed on:

- Support for organisations leading the way in developing services and opportunities for children and their families.
- Raising the profile of these children and their families with central and local government.
- Raising the profile of the siblings of these children and supporting services to meet their needs.

This year the Trustees have supported:

- The commissioning of “Life to the Full”, a report into the provision of care and support in the UK for disabled children and children with life-limiting and life-threatening conditions. The report will inform the trust’s grant making, ensuring that it is as strategic and effective as it can be in helping these children and their families. The trust will work individually and with other organisations in the sector to collectively, and with government support, continue to address the challenges highlighted by the report.
- The appointment of the UK’s first regional Lead Nurse in Neo-natal Palliative Care. This is a pan-London post and is co-funded by CW+ (Chelsea and Westminster Health Charity).
- Sky Badger which finds help and activities for disabled children and their families in the UK by linking children and relevant charities and services via online resources such as its website, social media, and e-helpdesk.
- The extension of the pilots of a new model of volunteering to provide practical support to families of children with life-limiting and life-threatening conditions. This programme has been jointly developed with, and co-funded by, The Royal Foundation of the Duke and Duchess of Cambridge and Prince Harry. Further pilot sites have been funded for a Phase 2 pilot during 2015/2016 to test this model in different organisations.
- The continuation of a grants programme through Bliss to improve family centred care in neonatal units across the UK.
- A grant to Newcastle Healthcare Charity towards supporting a part-time paediatric palliative care consultant at the Great North Children’s Hospital.
- The Childhood Bereavement Network to improve the quality and coverage of bereavement services for children.
- Sibs which is the UK’s leading charity supporting siblings of disabled children.

Alongside these grants, the Trustees continue to fund the UK’s first Professorial Chair in Palliative Care for Children and Young People.

### **Palliative Care in Africa**

The Trustees are committed to improving access to affordable palliative care for adults and children in Africa, prioritising the need for appropriate pain relief and the integration of palliative care services into established health systems.

The need for palliative care is particularly acute in Africa where it is estimated that there are 22 million people living with HIV and that the number of people with cancer will double in the next twenty years. The lack of availability of opioids for the treatment of moderate to severe pain, as recommended by the WHO, means that people with life-limiting illnesses suffer unnecessarily. In addition, the widespread introduction of anti-retroviral drugs has not reduced the need for palliative



care; patients are living longer but are still ageing and suffering from symptoms of HIV as well as side effects of the medication.

The international community is beginning to take note of the importance of palliative care. In May 2014 the World Health Assembly adopted its first ever resolution on palliative care which urges all member states to integrate palliative care into their health systems, allocate appropriate financial and human resources towards it and to ensure that health workers are trained in palliative care at a basic, intermediate and specialist level. The Trustees will continue to support international palliative care advocates and in-country service providers to ensure that the WHA's recommendations are implemented.

The inclusion of palliative care on such an important global agenda is testament to the tireless advocacy of organisations like the African Palliative Care Association and the International Children's Palliative Care Network who have worked collegiately with others to raise the profile of palliative care and influence policy at a regional and international level.

This year the Trust has continued to focus a significant portion of its funding on integrating palliative care into the public health system in Southern Malawi and across Kenya. This builds upon the success of work it funded through the Waterloo Coalition in 2011/12. The programmes are led by the national palliative care association in each country and primarily focus on training staff and improving the distribution of essential palliative care medicines, including opioids. Each programme continues to yield impressive results.

In the programmes' fourth year of operation, the Kenya Hospice and Palliative Care Association recorded a significant increase in morphine use across the 11 national referral hospitals while the Palliative Care Association of Malawi noted that all 13 of the district hospitals in the Southern Region now had consistent access to morphine (classed as 75% of the time in Malawi). When the projects began in 2011, none of the hospitals had consistent access to morphine. The Trust's focus of working within the public health systems in Malawi and Kenya should ensure that these gains are sustainable.

### **Small Grants, Africa**

This year the Trustees continue to support the African Palliative Care Association to administer its small grants scheme to support the development of local palliative care services across the continent.

All funding decisions on this small grants scheme are made twice each year by the True Colours Trust, with applications and approved grants being administered by the African Palliative Care Association. Trustees favour support for items which directly improve the patient experience and the standard of palliative care services. Funding is primarily for one-off projects, although the Trustees are willing to consider funding for core costs. The size of grants ranges from £500 – £5,000.

Further information about the scheme can be found on the Trust's website [www.truecolourstrust.org.uk](http://www.truecolourstrust.org.uk).

### **Small Grants, UK**

The Trustees are committed to supporting a large number of excellent local organisations and projects that work with children with disabilities and palliative care needs and their families. This is done through the Trust's small grants programme. It provides grants of up to £10,000 to help smaller



organisations develop and deliver programmes for children, their siblings and families. It is open to applications at any time. Grants in this category are usually one-off contributions rather than multi-year grants for on-going revenue costs.

The Trustees are particularly keen to support:

- Hydrotherapy pools
- Multi-sensory rooms
- Minibuses
- Young carers projects
- Sibling projects
- Bereavement support
- Specialised play equipment

The Trustees also administer a small grants programme for individual young people between the ages of 18 to 26 who have a disability and/or complex health care need. Applications are welcome from or on behalf of any young person in this age group. Support will also be considered for families (including siblings) who care for a young person who falls within this age bracket. The criteria for applications can be found on the Trust's website [www.truecolourstrust.org.uk](http://www.truecolourstrust.org.uk). The maximum grant award in this category is £500.

### **Applications**

The Trustees welcome unsolicited applications for their small grants programmes, both in the UK and in Africa. They are keen to make these programmes available to as many organisations as possible; it is therefore unlikely that they will fund any organisation in consecutive years.

Proposals for the Trust's other programmes are generally invited by the Trustees or initiated at their request. The Trustees are keen to learn more about organisations whose work fits into their areas of focus but unsolicited applications are not encouraged and are unlikely to be successful.

### **Reserves Policy**

In the year under review, there was a deficit of income over expenditure on the unrestricted funds of £1,720,279. This has been funded by a transfer from expendable endowment. Whenever this may be necessary in the future, the Trustees are prepared to fund grant commitments from expendable endowment.

Although some grants have been accrued, others totalling £1,507,087 have not been provided for in the Statement of Financial Activities as they are due to be paid more than twelve months after the year end. They represent funds earmarked for continued support to certain existing beneficiaries, although formal commitments have not yet been made.

The Trustees regularly review cash flow projections for income and expenditure, to ensure that the level of disposable net assets is adequate and that the Trust is in a position to meet all its commitments.

### Investment Policy

The Trust holds significant money market deposits to enable the Trust to draw on capital rapidly when required. The remaining funds are held in a spectrum of investments to generate unrestricted income in accordance with the Trustees' guidelines.

### Risk Assessment

The Trustees have examined the major strategic, business and operational risks to which the Trust may be exposed. Through the joint office of the Sainsbury Family Charitable Trusts, systems are in place adequate to manage such potential risks as the Trustees have identified. They continue to keep processes under review.

### Charity and Public Benefit

Trustees are aware of the Charity Commission guidance on Public Benefit and confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to it. They consider the full information in this annual report, about the Trust's aims, activities and achievements in the areas it supports to demonstrate the benefit to its beneficiaries and through them to the Public, that arise from those activities.

### Financial Overview of the Past Year

The Trustees met four times during the year to make grants and twice to review investments.

The Settlor made a generous donation of £1.5 million in the year, which has been added to Expendable Endowment. The asset value of the Trust decreased from £10.39 million at 5 April 2014 to £10.18 million at 5 April 2015, mainly as a result of the significant grants programme where grant expenditure and support costs totalled £1.95 million.

Total incoming resources allocated to unrestricted funds for the year were £232,677 (compared to £218,790 in 2013/14).

The Trustees continue to approve grants worth significantly more than the income for the corresponding period in accordance with the approach set out in the Reserves Policy. During the year Trustees approved 141 grants totalling £3,099,979 some of which are payable over more than one year. Payments made during the year totalled £2,231,670 Grants approved and paid during the year may be analysed by value and percentage across the Trust's grant-making categories as set out below:

Payments Made			Grants Approved		
%	£		£	%	Number
9.3	206,900	Children and Young People with Complex Disabilities in the UK	291,842	9.4	3
39.5	880,440	Palliative Care for Children and Young People in the UK	2,179,736	70.3	10
42.6	952,056	Palliative Care in Africa	384,565	12.4	11
8.5	189,874	Small Grants UK	239,676	7.7	115
0.1	2,400	General	4,160	0.2	2
<b>100</b>	<b>2,231,670</b>		<b>3,099,979</b>	<b>100</b>	<b>141</b>

### Paul Spokes

On another note, the Trustees would like to record their thanks to Paul Spokes for his contribution to the work of the Trust over many years.

**GRANTS APPROVED**

**Children and Young People with Complex Disabilities in the UK - £291,842**

**Childhood Bereavement Network - £149,518**

Towards core costs.

**Council for Disabled Children - £80,000**

To EDCM towards the final stage of the campaign.

**National Centre for Young People with Epilepsy (NCYPE) – Young Epilepsy - £62,324**

Towards Phase II of research into babies whose epilepsy has a hereditary factor, and the production of a new handbook for parents on epilepsy in the Under 5s.

**Palliative Care for Children and Young People in the UK - £2,179,736**

**Baby Life Support Systems (BLISS) - £200,000**

Towards the Bliss Baby Charter Grant Fund.

**Chelsea & Westminster Health Charity - £300,000**

Towards the UK's first Pan London Neonatal Palliative Care Nurse based at Chelsea and Westminster Hospital.

**Demos - £47,450**

Towards research and the production of a report on children with complex disabilities and children with palliative care needs in the UK.

**Great Ormond Street Hospital Children's Charity - £1,418,161**

Towards the True Colours Chair in Palliative Care over 5 years.

**Jessie May Trust - £152,500**

Towards core costs, and a grant of £2,500 towards preparatory work as a Phase 2 Pilot for the Family Support programme.

**Life Force - £2,500**

Towards preparatory work as a Phase 2 Pilot for the Family Support programme.

**Northern Institute for Cancer Research - £22,000**

Newcastle Healthcare Charity towards supporting a part-time paediatric palliative care consultant at the Great North Children's Hospital.

**South Warwickshire NHS Foundation Trust - £2,500**

Towards preparatory work as a Phase 2 Pilot for the Family Support programme.

**Volunteering Matters (previously Community Service Volunteers) - £34,625**

Towards the Family Support Phase 1 pilot for a further 6 months at EACH and CHAS.

**Palliative Care in Africa - £384,565**

**Emms International - £150,000**

Towards the development of training and education in Palliative Care in Malawi.

**Institute of Hospice and Palliative Care in Africa - £8,000**

Towards education costs.

**International Children's Palliative Care Network - £12,150**

Towards the cost of research to assess the need for children's palliative care in Malawi.

**Keech Hospice - £2,250**

Towards the design and editing of a Handbook of Children's palliative care.

**Kenya Hospices and Palliative Care Association (KEHPCA) - £8,815**

£6,300 to enable 30 delegates to attend the 2014 KEHPCA Conference and £2,515 towards the dissemination of national palliative care documents in Kenya.

**Palliative Care Association of Malawi - £88,350**

£88,000 towards core costs and £350 towards a new water distillation machine for the production of morphine.

**Worldwide Hospice Palliative Care Alliance - £115,000**

£100,000 towards the salary and associated costs of a Programming & Fundraising Manager and £15,000 towards community care and support for those affected by Ebola and other life-limiting conditions in Sierra Leone, through Shepherd's Hospice.

**Small Grants UK and General - £243,836**

**A Place To Call Our Own - £5,000**

Towards its project for siblings and young carers.

**ASD Family Help - £5,000**

Towards its 'Time for Me' project for young carers/siblings.

**Birmingham PHAB Camps - £5,000**

Towards its holiday programme 2015.

**Brainbox - £5,000**

Towards its Child & Family Support project in 2015.

**Bromley Mencap - £5,000**

Towards its activity/play group sessions.

**Child Bereavement UK - £5,080**

Towards its website upgrade of the bereavement mapping project.

**Community Action Exeter – University of Exeter Students Guild - £7,000**

Towards its young carers summer adventures programme.

**Forest Pulse - £5,000**

Towards its afterschool and weekend activities for disabled children.

**Forget Me Not Children's Hospice - £5,000**

Towards the development and extension of its bereavement support for siblings.

**Friends of Sheringham Woodfields School - £7,000**

Towards the refurbishment of the sensory room at Sheringham Woodfields School.

**Harrow Carers - £5,000**

Towards support for its Carers Mentoring Scheme.

**Heel and Toe Children's Charity - £10,000**

Towards its sensory garden and children's play area.

**KIDS - £6,950**

Towards transport costs for families.

**Little Miracles Charity - £5,000**

Towards its Soham's Rainbow project.

**Magpie Dance - £5,000**

Towards the running costs of its junior and senior youth group.

**Marches Family Network - £10,000**

Towards core costs.

**Multisports - £5,000**

To expand its programme in 2015.

**National Centre for Young People with Epilepsy (NCYPE) - £10,000**

Towards a wheelchair adaptable minibus.

**Newcastle Toy & Leisure Library - £8,490**

Towards the refurbishment and equipment of its soft play area.

**Rapid Effective Assistance for Children with Potentially Terminal Illness (REACT) - £5,000**

Towards sensory, mobility and specialised play equipment.

**Roddensvale Parents & Friends Association - £5,000**

Towards the costs of refurbishing its sensory room.

**SMPS Saturday Morning Play Scheme - £5,000**

Towards activities for children with special needs.

**SNAP Special Needs and Parents - £7,672**

Towards its SIBS4FUN project.

**Solas Belfast - £6,000**

Towards the purchase of a minibus.

**Solihull Life Opportunities - £10,000**

Towards sensory equipment for its new centre.

**The Maypole Project - £5,000**

Towards its pilot project for sibling and inclusive groups.

**The Log Cabin - £6,600**

Towards its after school club.

**Watling View Parent Staff Association - £5,000**

Towards the cost of its new soft play room.

**Winston's Wish - £5,000**

Towards expansion of its drop-in service in Worcestershire.

**Worcester Snoezelen Project - £10,000**

Towards the refurbishment of its hydrotherapy pool suite.

In addition, small grants were made to other organisations totalling £54,044 in this category.

**Grant Amounts Set Aside But Not Proceeded With**

An amount of £295,000 was set aside in 2013-14 for a number of pilot support programmes. After initial feedback a decision was made to delay the final two pilots while the model was re-worked, resulting in a credit of £176,475 during 2014-15.

**Cancelled Grants**

In addition to this, grants to the value of £16,967 (2013-14: £10,520) were cancelled during the financial year as they were no longer required for the purposes for which they were awarded.

Approved by the Trustees on 6 October 2015 and signed on their behalf by:

..... TRUSTEE

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 5 APRIL 2015**

	Notes	Unrestricted Funds £	Expendable Endowment £	Total Funds 2015 £	Total Funds 2014 £
<b>Incoming resources</b>					
Donations and gifts			1,500,000	1,500,000	1,937,500
Investment income	2	185,729	-	185,729	183,306
Bank deposit interest		1,800	-	1,800	3,044
Interest on short term deposits		45,148	-	45,148	32,440
<b>Total incoming resources</b>		<b>232,677</b>	<b>1,500,000</b>	<b>1,732,677</b>	<b>2,156,290</b>
<b>Resources expended</b>					
<b>Cost of generating funds:</b>					
Investment management costs		-	41,411	41,411	59,184
<b>Charitable activity</b>					
Grant-making:					
Grant expenditure	3	1,758,050	-	1,758,050	2,053,342
Grant related support costs	4	189,029	-	189,029	191,927
Cost of Grant-making		1,947,079	-	1,947,079	2,245,269
Governance costs	4	5,877	-	5,877	5,583
<b>Total resources expended</b>		<b>1,952,956</b>	<b>41,411</b>	<b>1,994,367</b>	<b>2,310,036</b>
Net (resources expended)/incoming resources before transfers		(1,720,279)	1,458,589	(261,690)	(153,746)
<b>Transfers</b>					
Transfers between funds		1,720,279	(1,720,279)	-	-
Net resources after transfers		-	(261,690)	(261,690)	(153,746)
<b>Other Recognised Gains and Losses</b>					
Gains and (losses) on investment assets					
Realised			(48,765)	(48,765)	465,269
Unrealised	7,10	-	95,780	95,780	(213,125)
Effect of foreign exchange rate changes		-	454	454	-
Net movement in funds		-	(214,221)	(214,221)	98,398
<b>Reconciliation of funds</b>					
Total funds brought forward		-	10,392,556	10,392,556	10,294,158
Total funds carried forward		-	10,178,335	10,178,335	10,392,556

The notes on pages 17 to 21 form part of these accounts.

There are no gains and losses in either the current or preceding year other than those recognised in the statement of financial activities.



## BALANCE SHEET AS AT 5 APRIL 2015

	<i>Notes</i>	<b>2015</b>	<b>2014</b>
		£	£
<b>FIXED ASSETS</b>			
Tangible fixed assets	<b>6</b>	34,160	39,040
Investments	<b>7</b>	9,480,183	10,886,031
		<u>9,514,343</u>	<u>10,925,071</u>
<b>CURRENT ASSETS</b>			
Debtors	<b>8</b>	337,576	422,370
Cash at bank and in hand		<u>1,495,186</u>	<u>663,274</u>
		1,832,762	1,085,644
<b>CURRENT LIABILITIES</b>			
<b>Creditors</b> - amounts falling due within 1 year	<b>9</b>	<u>1,168,770</u>	<u>1,618,159</u>
		1,168,770	1,618,159
<b>NET CURRENT LIABILITIES</b>		663,992	(532,515)
<b>NET ASSETS</b>		<u>10,178,335</u>	<u>10,392,556</u>
<b>CAPITAL FUNDS</b>			
Expendable endowment	<b>10</b>	10,178,335	10,392,556
<b>INCOME FUNDS</b>			
Unrestricted funds	<b>10</b>	-	-
		<u>10,178,335</u>	<u>10,392,556</u>

The financial statements were approved and authorised for issue by the Trustees on 6 October 2015 and were signed on their behalf by :

.....

TRUSTEE

The notes on pages 17 to 21 form part of these accounts.

**CASH FLOW STATEMENT  
FOR THE YEAR ENDED 5 APRIL 2015**

**RECONCILIATION OF NET OUTGOING RESOURCES TO NET CASH OUTFLOW FROM OPERATING ACTIVITIES**

	<b>2015</b>		<b>2014</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Net outgoing resources		(261,690)	(153,746)
Depreciation charge		4,880	4,880
Decrease / (increase) in debtors		84,794	(357,977)
(Decrease) / increase in creditors		(449,389)	102,251
Net cash outflow from operating activities		<u>(621,405)</u>	<u>(404,592)</u>

**CASH FLOW STATEMENT**

	<b>2015</b>		<b>2014</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Net cash outflow from operating activities		(621,405)	(404,592)
Capital expenditure and financial investment:			
Purchase of investments	(2,493,032)		(7,034,412)
Sale of investments	3,945,894		5,032,959
Effect of foreign exchange rate changes	454		-
		<u>1,453,316</u>	<u>(2,001,453)</u>
Increase in cash		<u>831,911</u>	<u>(2,406,045)</u>

**Analysis of increase in cash during the year**

	<b>2015</b>	<b>2014</b>	<b>Change in year</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Cash at bank and in hand	1,495,186	663,275	831,911
	<u>1,495,186</u>	<u>663,275</u>	<u>831,911</u>

The notes on pages 17 to 21 form part of these accounts.

## NOTES TO THE ACCOUNTS

### 1. ACCOUNTING POLICIES

The financial statements have been prepared under the historical cost convention as modified by the revaluation of investments, and in accordance with the Statement of Recommended Practice (SORP 2005) "Accounting and Reporting by Charities", applicable accounting standards and the Charities Act 2011, and comply with the Charities (Accounts and Reports) Regulations 2008 issued under the Charities Act 2011.

The principal accounting policies adopted are as follows:

#### a) Income

- (i) Income is shown gross which includes the associated tax credit unless the tax so deducted is considered irrecoverable.
- (ii) Dividends are included by reference to their due dates.
- (iii) Interest is recorded only when it has been received.

#### b) Grants payable

Grants for which there is a legal obligation, or a valid expectation of receipt by the beneficiary at the year end, and for which conditions attaching to their payment have been fulfilled, are accounted for within the Statement of Financial Activities.

Grants approved subject to conditions that have not been met at the year end are noted as a commitment but not accrued as expenditure (see note 3).

#### c) Investments

Net realised and unrealised gains and losses are reflected in the Statement of Financial Activities.

Investments are shown at mid market value.

Partial disposals are accounted for using average book value.

#### d) Support costs

Most of these costs support the grant-making activity of the Trust and are so allocated. They comprise in the main a share of the staff and office costs of the joint office of the Sainsbury Family Charitable Trusts, which are allocated in proportion to time spent on Trust matters and grants paid.

#### e) Charitable activities

The Trustees consider that grant-making is the Trust's sole charitable activity.

#### f) Governance costs

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include fees for statutory audit, legal fees where relevant together with an allocation of support costs.

#### g) Depreciation

Fixed assets are depreciated at rates which reflect their useful life to the Trust.

The following rate has been used:

Leasehold improvements - 10% per annum straight line.

### 2. INVESTMENT INCOME

Income received on investments may be analysed as follows:

	2015		2014	
	£	%	£	%
Government fixed interest	13,298	7	13,437	7
Other fixed interest	56,116	31	71,404	39
UK equities	104,794	56	98,465	54
Overseas equities	11,521	6	-	-
	<b>185,729</b>	<b>100</b>	<b>183,306</b>	<b>100</b>



## NOTES TO THE ACCOUNTS

### 3. GRANTS PAYABLE

	2015		2014	
	£	£	£	£
<b>Reconciliation of grants payable:</b>				
Commitments at 6 April 2014		1,597,775		1,492,016
Grants not accrued at 6 April 2014	358,600		907,677	
Grants approved in the year	3,099,979		1,514,785	
Grants amounts set aside but not proceeded with	(176,475)		-	
Grants cancelled or refunded	(16,967)		(10,520)	
Grants not accrued at 5 April 2015	(1,507,087)		(358,600)	
<b>Grants payable for the year</b>		<b>1,758,050</b>		<b>2,053,342</b>
Grants paid during the year		(2,231,670)		(1,947,583)
Commitments at 5 April 2015		<u>1,124,155</u>		<u>1,597,775</u>

#### Commitments at 5 April 2015 are payable as follows:

	2015		2014	
	£	£	£	£
Within one year (note 9)		<u>1,124,155</u>		<u>1,597,775</u>

#### Commitments

In addition to the amounts committed and accrued noted above, the Trustees have also authorised certain grants which are subject to the recipient fulfilling certain conditions. The total amount authorised but not accrued as expenditure at 5 April 2015 was £1,507,087 (2014: £358,600).

The grants payable in the year include the following:

	£
<b>Children and Young People with Complex Disabilities in the UK</b>	
Childhood Bereavement Network	149,518
Council for Disabled Children	80,000
National Centre for Young People with Epilepsy (NCYPE) - Young Epilepsy	62,324
Grants up to £50,000 were also made	65,600
<b>Palliative Care for Children and Young People in the UK</b>	
Baby Life Support Systems (BLISS)	200,000
Chelsea & Westminster Health Charity	114,430
Great Ormond Street Hospital Children's Charity	273,524
Heart'n Soul	50,000
Jessie May Trust	75,000
Grants up to £50,000 were also made	111,075
<b>Palliative Care in Africa</b>	
Emms International	150,000
International Children's Palliative Care Network	75,150
Kenya Hospices and Palliative Care Association	83,815
Palliative Care Association of Malawi	88,350
Worldwide Hospice Palliative Care Alliance	115,000
Grants up to £50,000 were also made	25,250
<b>Small Grants UK</b>	
Grants up to £10,000 were also made	35,734
<b>General</b>	3,280
<b>Total grants payable per Statement of Financial Activities</b>	<u><u>1,758,050</u></u>



## NOTES TO THE ACCOUNTS

### 4. ALLOCATION OF SUPPORT COSTS

	2015		2014		
	Grant- Making	Governance	Total Allocated	Grant- Making	Governance
	£	£	£	£	£
Staff costs	119,485	2,427	121,912	126,465	2,235
Share of joint office costs	35,200	-	35,200	31,100	-
Direct costs including travel	10,158	-	10,158	11,597	-
Legal and professional fees	4,306	-	4,306	6,385	-
Consultancy	15,000	-	15,000	11,500	-
Depreciation	4,880	-	4,880	4,880	-
Auditors' remuneration	-	3,450	3,450	-	3,348
	<b>189,029</b>	<b>5,877</b>	<b>194,906</b>	<b>191,927</b>	<b>5,583</b>

Included above is £4,306 payable for legal services to Portrait Solicitors, a firm in which Mr D B Flynn is a partner. No Trustee received remuneration or was reimbursed expenses during the year.

### 5. ANALYSIS OF STAFF COSTS

	2015	2014
	£	£
Wages and salaries	98,623	103,824
Social security costs	11,504	12,071
Other pension costs	11,785	12,805
	<b>121,912</b>	<b>128,700</b>

As mentioned in Note 1(d), the Trust is one of the Sainsbury Family Charitable Trusts which share a joint administration at the Registered Office. 3.3% of the total support and administration costs of these trusts have been allocated to the True Colours Trust, including a proportionate share of the costs of employing the total number of staff serving in the office in 2014/15. Staff costs equivalent to 2.1 full time employee were charged to the True Colours Trust in 2014/15. (2013/14 - 2.2)

### 6. TANGIBLE FIXED ASSETS

#### Leasehold Improvements

	2015	2014
	£	£
<b>Cost</b>		
At 6 April 2014	48,800	48,800
Additions	-	-
Disposals	-	-
At 5 April 2015	<b>48,800</b>	<b>48,800</b>
<b>Amortisation</b>		
At 6 April 2014	9,760	4,880
Charge for the year	4,880	4,880
On disposals	-	-
At 5 April 2015	<b>14,640</b>	<b>9,760</b>
<b>NET BOOK VALUE</b>		
At 5 April 2015	<b>34,160</b>	<b>39,040</b>
<b>NET BOOK VALUE</b>		
At 5 April 2014	<b>39,040</b>	<b>43,920</b>



## NOTES TO THE ACCOUNTS

### 7. FIXED ASSET INVESTMENTS

	2015	2014
	£	£
Market value 6 April 2014	10,886,031	8,632,434
Less: Disposals at book value	(3,994,660)	(4,567,690)
Add: Acquisitions at cost	2,493,032	7,034,412
Net gains on revaluation	95,780	(213,125)
<b>Market value 5 April 2015</b>	<b>9,480,183</b>	<b>10,886,031</b>
Historical cost 5 April 2015	9,341,032	10,864,677

The investments held as at 5 April 2015 were as follows:

	2015		2014	
	Cost	Market Value	Cost	Market Value
	£	£	£	£
Direct investment in listed UK and overseas securities				
Government fixed interest	1,267,238	1,296,903	1,269,393	1,249,589
Other fixed interest	911,671	885,722	1,179,371	1,118,532
UK equities	3,423,948	3,583,487	3,447,696	3,580,489
Overseas equities	333,934	309,830	333,934	303,138
Money Market deposits	3,404,241	3,404,241	4,634,283	4,634,283
	<b>9,341,032</b>	<b>9,480,183</b>	<b>10,864,677</b>	<b>10,886,031</b>

### 8. DEBTORS

	2015	2014
	£	£
Income tax recoverable	300,000	387,500
Other debtors	37,576	34,870
	<b>337,576</b>	<b>422,370</b>

### 9. CREDITORS

	2015	2014
	£	£
Grants payable within one year	1,124,155	1,597,775
Professional charges	5,899	6,276
Investment management fee	11,780	14,108
Other creditors	26,936	-
	<b>1,168,770</b>	<b>1,618,159</b>

## NOTES TO THE ACCOUNTS

### 10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Expendable Endowment	Totals 2015
	£	£	£
Fund balances at 5 April 2015 are represented by:			
Tangible fixed assets	-	34,160	34,160
Investments	-	9,480,183	9,480,183
Current assets	1,156,990	675,772	1,832,762
Current liabilities	(1,156,990)	(11,780)	(1,168,770)
<b>Total net assets</b>	<b>-</b>	<b>10,178,335</b>	<b>10,178,335</b>

	Unrestricted Funds	Expendable Endowment	Totals 2015
	£	£	£
<b>Unrealised gains</b>			
On investment assets (see note below)	-	139,151	139,151
Total unrealised gains at 5 April 2015	-	139,151	139,151

#### Reconciliation of movements in unrealised gains on investment assets

Unrealised gains at 6 April 2014	-	21,354	21,354
Less in respect of disposals in year	-	22,017	22,017
Net gain/(loss) on revaluation	-	95,780	95,780
Unrealised gains at 5 April 2015, as above	-	139,151	139,151

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

Charity law requires the trustees to prepare financial statements for each financial year in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards) and applicable law.

Under charity law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its net outgoing resources for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



## **INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF THE TRUE COLOURS TRUST**

We have audited the financial statements of The True Colours Trust for the year ended 5 April 2015 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes numbered 1 to 10.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

### **Respective responsibilities of trustees and auditor**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

### **Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charity's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements.

In addition, we read all the financial and non-financial information in the Report of the Trustees to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

### **Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 5 April 2015 and of its outgoing resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

**Crowe Clark Whitehill LLP**  
Statutory Auditor  
London

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